

TANK TRADERS MULTIPLEX

Multiplex *Connects* **Newsletter**

April 2026



APRIL
Showers
BRING
May
Flowers

**Facility Name
Change
Announcement on
page 2.**



**TANK TRADERS
MULTIPLEX**

www.tanktradersmp.com

March 2, 2026

Name Change Announcement

We are excited to announce a change in our name from Caisse Community Centre to **Tank Traders Multiplex**.

This change reflects our commitment to providing the best possible recreational activities, programming and community events for the benefit of the community and in alignment with the new amenity addition to the facility the **Tank Traders Arena**.

It is through the tremendous support of our new named sponsor, **Tank Traders**, that the new arena was made possible for our wonderful community.

The **Tank Traders Multiplex** will continue to remain a facility for families to come together. A community focal point where we can face new challenges affecting our municipality now and in the future. A facility that adds to the word 'HOME'.

We look forward to continuing to work with you under our new name.

Thank you for your continued support.



**TANK TRADERS
MULTIPLEX**

www.tanktradersmp.com

Purpose

The purpose of the Tank Traders Multiplex is to provide and assist in the development of recreational activities and community events, through the provision of facilities and programs, for the benefit of the community.

Goals

- To foster community development and the quality of life.
- To provide a safe facility and green space.
- To be accountable for the effective and efficient use of resources.
- To facilitate and provide support to the development of recreational activities according to the needs of the community.

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Community is much more than belonging to something; it's about doing something together that makes belonging matter.

2026 Tank Traders Multiplex Board of Directors & Staff

Nick Guffei, President

nick.guffei@vickar.com

Brian Cornelsen, Past-President

cornelsenbrian@gmail.com

Rich Marchetti, Vice-President

richmarchetti@me.com

Chad Brick, Treasurer

Chad@eastsideindustrial.com

Jared Lang, Secretary

Jaredlang@murrayjeepram.ca

Kyle Hayes, Sports Director

Kylehayes@live.ca

Barbara Agland-O'Connor, Website Director

barbaraaoinlasalle@hotmail.com

Marcie Weiss, Special Events Director

marciemaylynn@gmail.com

Ashleigh Reimer, Director-at-Large

Ashleigh.whitley@yahoo.ca

Jason Nickel, Director-at-Large

nickel.jm@gmail.co

Michelle Meade, Director-at-Large

mbmeade@icloud.com

Ryan Campbell, Director-at-Large

rycampbell@hotmail.com

Kaitlyn Laventure, Director-at-Large

(La Salle Fall Festival)

kaitlaventure@gmail.com

Trinda Kostal, La Salle Curling Club Director

kostalbt@mymts.net

Ryan Brezeno, Tank Traders Director

rbrezeno@tanktraders.com

Reporting to the Board:

Dee Romijn, Facility Director

dromijn@tanktradersmp.com

Tank Traders Multiplex Co-op Membership Number

Please consider using the Tank Traders Multiplex Co-op Membership Number **2213** for some of your petroleum purchases.

The Tank Traders Multiplex's share will be applied to fundraising dollars towards the facility.

Thank you for your support!



Multiplex Connect Newsletter Deadlines

Deadlines to submit an article or business advertisement in upcoming Multiplex Connect Newsletter issues are:

May 2026 Newsletter issue Deadline - April 10th, 2026

June 2026 Newsletter issue Deadline - May 10th, 2026

Contact:

Barbara Agland-O'Connor

Tank Traders Multiplex Website Director

barbaraaoinlasalle@hotmail.com

For information on newsletter business advertising, please visit:

www.tanktradersmp.com/aboutus/monthlydigitalnewsletter

Multiplex *Connects* **Newsletter**

APRIL 2026 SERIES

Yoga in LaSalle

at the Tank Traders Multiplex

Drop-in \$15/class

All levels of experience are welcome.



Hips + Hamstrings
Wednesdays @ 10am
April 1, 8, 15, 22 & 29

Release + Restore
Thursdays @ 8:15pm
April 2, 9, 16, 23 & 30



Led by Courtney - 200 HR RYT

To confirm your spot, please email courtney.stelmack@gmail.com at least 24 hours in advance. E-transfer or cash accepted.



Macdonald Fire Department
Sanford Fire Hall
188 Mandan Drive
Sanford MB



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Community Multi-Purpose Lenten Drive

We are pleased to announce the communities of La Salle and Domain through the Knights of Columbus (La Salle Council #7793), St. Hyacinthe Catholic Parish (La Salle), Avonlea United Church (Domain), La Salle Community Fellowship (La Salle), and the Tank Traders Multiplex (La Salle) are joining forces again for a Community Multi-Purpose Lenten Drive. The drive will begin on February 17th, 2026 and end on April 5th, 2026.



NON PERISHABLE FOOD

These items will be donated to THE HOLY CROSS FOOD BANK AND SOUP KITCHEN located in St. Boniface.

BABY NEEDS

Items include:

Unscented diaper wipes, diaper cream, baby shampoo, face/wash cloths, size one diapers, bottles (new and in package), baby blankets, baby body wash, teething toys, onesies/sleepers/baby hats (0-3) months, hooded bath towels, bibs, etc. Clothing & blankets can be new, homemade, or gently used (no stains or holes). These items will be donated to THE FAMILY SUPPORT CENTRE located at 650 Broadway Avenue West.

WOOL ~ New this Year ~

We will be collecting wool, preferably soft pastel colors for baby blankets. All colors will be accepted and may also be used for lap blankets for seniors in Nursing Homes.

PERSONAL HYGIENE ITEMS

Include such items as toiletries like shampoo, soap, tooth brushes, toothpaste. Also mitts, scarves, toques, socks. These donations will go the ONE88 COMMUNITY CHURCH located at 188 Princess Street.

CLOTHING

We will also collect new or gently used clothing which will be distributed to the above organizations based on their needs.

Items and monies can be brought to the above mentioned churches during their mass/service times or to Tank Traders Multiplex during their regular business hours.

For monetary donations, cash or cheque (make the cheque payable to any of the three churches with it's intended purpose written on the memo line) and a charitable donation receipt will be issued.



For more information, please contact:
Georges Cormier gjcormier@gmail.com | 204-218-6011
Chris Lippens clippens@mts.net | 1-204-296-1390

Tank Traders Multiplex 2026 Spring Soccer Program

Registration open from February 1st, 2026 to March 31st, 2026.
Late registration will be accepted from April 1st, 2026 to April 12th, 2026
with a late fee of \$30.00 per player - NO EXCEPTIONS.
PLEASE register by March 31st, 2026 to avoid late fees.



**TANK TRADERS
MULTIPLEX**

Spring SOCCER Program

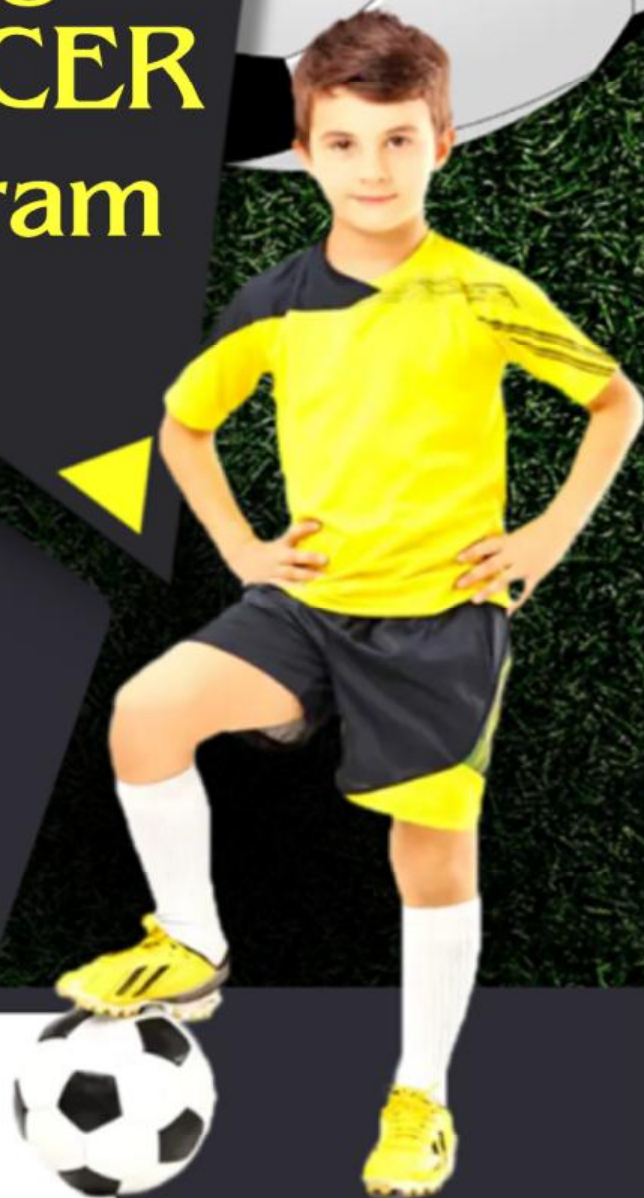
*All Skill Levels
Welcome!*

~ Age Groups (boys & girls) ~
4 & 5 Year Olds (born 2021, 2022)
6 & 7 Year Olds (born 2019, 2020)
8 & 9 Year Olds (born 2017, 2018)

Information and online registration:

www.tanktradersmp.com -
sports tab - soccer program

Contact:
Marc Coulombe
Soccer Convenor
lasallesoccer330@gmail.com



**Tank Traders Multiplex 2026 Spring
Learn to Play Baseball/Softball Program**



**TANK TRADERS
MULTIPLEX**

**Spring
LEARN TO PLAY
BASEBALL/SOFTBALL
Program**

*All Skill Levels
Welcome!*

~ Age Groups (boys & girls) ~

5U (born 2021, 2022)

7U (born 2019, 2020)

Contact:

Kyle Forcier

Learn to Play Baseball & Softball Co-ordinator

lasallerep@macdonaldminorball.ca

Information and online registration:

www.tanktradersmp.com-sports tab-learn to play program

Registration opens February 1st, 2026 to March 31st, 2026.

Late registration will be accepted form April 1st, 2026 to April 12th, 2026

with a late fee of \$30.00 per player - NO EXCEPTIONS.

PLEASE register by March 31st, 2026 to avoid late fees.

Spring 2026 Fitness Classes with Dee Romijn



**TANK TRADERS
MULTIPLEX**



Spring 2026 Session

TANK TRADERS MULTIPLEX FITNESS CLASSES

Apr 6th 2026 — Jun 25th 2026 (12 week session)

Instructor *Dee Romijn*

Mondays — 7pm to 8pm

Tuesdays / Thursdays — 6am to 7am



*If you join for 2 Fitness Classes/Week you're eligible for a 50% discount on a 4 Month FITNESS CENTRE Membership. Please contact Dee Romijn for details at:
204-736-2679 | 204-801-7629 (cell) | dromijn@tanktradersmp.com*

Description:

Workouts will consist of a warm-up and cool-down (stretch) with HIIT interval style training which includes a combination of resistance / cardio exercises for a whole body workout. There are a variety of levels offered each class from beginner to advanced to allow you to be in control of your workout.

Bonus:

To allow for more flexibility and busy schedules, classes can be interchanged between sessions.

Pricing (includes GST):

24 Classes \$201.60 (2/times per week)

12 Classes \$126.00 (1/time per week)



It's never too late to register for classes as fees will be pro-rated.

**For more information and/or to register:
email Dee Romijn at dromijn@tanktradersmp.com or
visit www.tanktradersmp.com - **programs tab****



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La Salle
Insurance



Lasalleinsurance.com



If you join for 2 Fitness Classes/Week offered at the Tank Traders Multiplex, you're eligible for a 50% discount on a 4 Month FITNESS CENTRE Membership. Please contact Dee Romijn for details at: 204-801-7629 (cell) dromijn@tanktradersmp.com

TANK TRADERS MULTIPLEX **FITNESS CENTRE**

Come and take a look at what the Fitness Centre at the Tank Traders Multiplex has to offer.

(conveniently located at the corner of PR 247E & HWY 330 in La Salle MB)

Information / Fee Schedule:
www.tanktradersmp.com
- [fitness centre tab](#)

STAY FIT JOIN TODAY

Questions:
204-801-7629 (cell)
dromijn@tanktradersmp.com



TANK TRADERS MULTIPLEX



TANK TRADERS MULTIPLEX

located at the
corner of PR 247E & HWY 330 in La Salle MB

BEFORE & AFTER SCHOOL PROGRAM IN-SERVICE DAY CAMP PROGRAM

The Tank Traders Multiplex Before and After School Program provides recreational activities to children between the ages of 5 to 12 before and after regular school days. The program follows the school calendar of the Seine River School Division and will be closed on all school holidays and inclement weather days. The Tank Traders Multiplex In-Service Day Camp Program is offered for school holidays.

Before & After School Program (ages 5 to 12)

— runs from 7am to start of school and end of school until 6pm

In-Service Day Camp Program (ages 5 to 12)

— runs from 7am to 6pm

Pre-registration required (online).

Lunch and/or snacks must be brought from home (nut-free).

Information, pricing and/or to register:

www.tanktradersmp.com
- [programs](#) tab



TANK TRADERS MULTIPLEX

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- 30 YEARS EXPERIENCE
- WARRANTIED WORKMANSHIP
- ALL COLOR AND GALVANIZED FENCING SOLUTIONS
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*Serving the La Salle
Community*

KEVIN PENNER
OWNER / INSTALLER

CELL: 204-999-2203

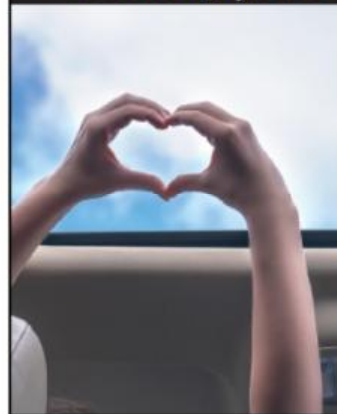
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Domain Women's Institute (WI)

The Women's Institute (WI) is a local, provincial, national and international group of women that promote the well-being of Women, Families and Communities.

The Women's Institute (WI) began in England in 1887. The first Manitoba charter was granted to Morris in 1910 with the motto "For Home and Country".

The Domain WI was formed in 1947. Presently there are 18 members and there's always room for more!

Our Goal

"To empower women to make a difference".

Our Vision

"Strengthen women, families and communities".

Our Mission

"Is an organization that focuses on personal development, the family, agriculture, rural development and community action – locally and globally".

Our meetings take place during the months of September to June. We have guest speakers, go on tours, and much more.

Our next meeting will take place Wednesday, April 8th, 2026 at 10:00 am.

Followed by a Greeting Card Making Instruction class.

**If you would like to join us or would like more information on the Domain Women's Institute (WI), please contact:
Charlotte Kirkpatrick at 204-226-1755**



PARADIGM CUSTOM HOMES

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Congratulations to the New Owners!



Questions regarding building with us?

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204-997-1065**

Contact us:

Jeff Baertsoen | jeff@paradigmcustomhomes.ca
Gerry Martel | gerry@paradigmcustomhomes.ca

1 - 42 Rue Principale, La Salle, MB R0G 0A2
Phone: 204.736.4686

Website: www.paradigmcustomhomes.ca



CO-OP

NADINA KOTZ
Gas Bar Manager

Box 56 Business (204) 736-2135
Domain, MB Fax. (204) 736-2133
Canada R0G 0M0 E-mail: domaincoop@live.ca

Domain Co-operative Oil Company Limited
Located at 110 Fourth Ave., La Salle, Manitoba

St. Hyacinthe Catholic Parish 2026 Perogy Dinner Night

St. Hyacinthe Catholic Parish Women's Auxiliary Presents:

Perogy Dinner NIGHT



Join us for a delicious evening of food, Silent Auction, Kid Zone Games (\$2/play to receive a prize) and community spirit!

FRIDAY, APRIL 17TH, 2026

5:30 PM TO 7:30 PM

**AT THE
TANK TRADERS MULTIPLEX**

TICKETS:

(Available at the door only)

ADULT - \$15/EACH

CHILDREN (5-11 YRS) - \$5/EACH

CHILDREN 4 YRS & UNDER - FREE

Tickets include a traditional perogy dinner & ice cream dessert. Gluten Free option available upon request.

Net proceeds support the St. Hyacinthe Catholic Parish.

Event Contact:

Dolores Mogg: 204-228-1912

Silent Auction Contact:

Jennifer Lippens: jlippens@mymts.net

An income tax receipt will be provided upon request.





*we're
having a
windup!*

Saturday, April 18th

Cocktails - 6 pm

Dinner - 7 pm

Dessert & Awards to Follow

**Men's and Women's League Members
meal included in league fees**

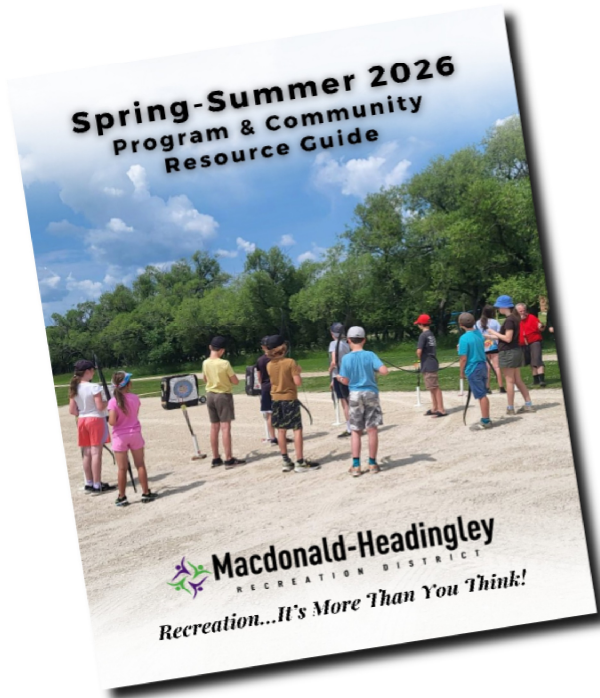
**Guests and Other Curlers
\$25/person**

**RSVP to
dennis.gerbrandt@masterbrand.com
by April 10th**

**Hosted by the LSCC Board
at the Tank Traders Multiplex**



Macdonald-Headingley Recreation District (MHRD)



Macdonald-Headingley Recreation District Spring-Summer 2026 Program & Community Resource Guide is ONLINE and OPEN for registrations.

We've got an amazing lineup of programs for all ages and interests, including:

Fitness & Yoga
Kids' Sports
Active Aging
Summer Camps ...and much more!

Don't miss out on the fun!

For a complete list of programming and/or to register, please visit our website at: www.mhrd.ca

For more information:

Call 204-885-2444
Email info@mhrd.ca



Macdonald-Headingley
RECREATION DISTRICT

Lauren Stone

MLA for Midland

Constituency Office Hours

Monday to Friday
9:00am to 4:00pm

☎ (431) 323-2968
✉ info@laurenstone.ca
Unit 2 - 195 Main St S Carman, MB

TROY HARRISON
13 Pinehurst Way
La Salle MB
204-736-2556
(Pls leave a message)

info@tarrimtax.com
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T3, T5, T5018 slips & filing
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Are any of these on your list this year?

- Get organized
- Free up some personal time
- File tax returns on schedule
- Get some advice or help
- Expand your business
- Pay less tax
- Create a game plan for your goals

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Please note: Dates, times and fees provided in this publication are tentative and subject to change. For confirmed information and/or to register, please visit: www.mhrd.ca

Beginner Line Dancing

Tank Traders Multiplex

8 Mondays Apr 13 - Jun 8 (no class May 18) | 7:30 pm - 8:30 pm | \$52.00 (In-District)

Instructor: Judy Arnason

Get ready to move and have fun with this easy-to-follow beginner line dance class! Perfect for all ages and no partner required! There will be easy choreography with lots of repetition of steps done to a variety of music. Whether you're new to dancing or just want a low-pressure way to get active, this class will get your feet moving and put a smile on your face. No experience needed—just bring your enthusiasm! Please bring a water bottle and indoor shoes.

Functional Fitness

Tank Traders Multiplex

9 Tuesdays & 9 Thursdays Apr 7 - Jun 25 | 9:00 am - 10:00 am

(no classes for the period Apr 23 - May 7)

2 classes/week \$216.00 (In-District) | 1 class/week \$108.00 (In-District)

Instructor: Dee Romijn

Boost your strength, balance, and flexibility in our Functional Fitness classes! Through exercises similar to everyday movements, you will improve muscle tone, joint mobility, and heart health. Using adjustable degrees of intensity, these sessions are perfect for all fitness levels. Join us and make daily tasks easier! Please bring a water bottle and indoor shoes.

La Salle Stay & Play (infant - 5)

Tank Traders Multiplex

10 Wednesdays | Apr 15 - Jun 17 | 9:00 am - 11:00 am | FREE

Must register to attend.

Instructor: Mia Yarema

Take your coat off, stay and play a while! Do you have a child aged infant - 5 with plenty of energy? Stay & Play is the perfect place for them!

Bring your little ones to Stay & Play for a fun and enriching experience!

Program Details:

- Wide Variety of Toys and Games: Plenty of options for children to explore and enjoy.
- Space for Energetic Play: Ample room for children to run, jump, and play.
- Skill Development: Helps children develop physical, social, and emotional skills.
- Parent/Caregiver Networking: An opportunity for parents and caregivers to connect and share experiences.



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La Salle Walking Club

Tank Traders Multiplex Outdoors

9 Wednesdays Apr 15 - Jun 10 | 9:00 am - 10:00 am | FREE

Instructor: Vivian Babij

Join our Outdoor Community Walking Club for fresh air, friendly faces, and feel-good movement! We meet Wednesday mornings for group walks that welcome all ages and fitness levels—no pressure, just good company, and a chance to enjoy the outdoors together.

* Urban Poles will be available for use if anyone would like to try them *

Slowed Flow Vinyasa

Tank Traders Multiplex

9 Mondays | Apr 13 - Jun 15 | 6:15 pm - 7:15 pm | \$108.00 (In-District)

(no class May 18)

Instructor: Courtney Stelmack

Move mindfully through a blend of standing and floor poses in this slower-paced Vinyasa class. You'll build strength, flexibility, and balance with a steady, intentional flow that's both accessible and engaging. Expect a moderate challenge with plenty of options and modifications to meet you where you are. Whether you're new to yoga or looking to deepen your practice, there is space for all experience levels.

Please bring a yoga mat.

Cardio, Core & Strength

Oak Bluff Recreation Centre

10 Thursdays | Apr 16 - Jun 18 | 7:00 pm - 8:00 pm | \$110.00 (In-District)

Instructor: Marcie Manness

Get ready for a dynamic workout that covers it all! Strength, cardio, balance, coordination, power, and mobility exercises! Marci is prepared to keep you motivated and energized with upbeat tunes while you enjoy a full-body workout. This comprehensive class is designed for all fitness levels, with modifications provided to ensure everyone can join in on the fun.

Please bring runners, water bottle and yoga mat.

Come ready to boost your heart rate, build strength, and have a blast!

Don't miss out on this exciting fitness experience!



Please note: Dates, times and fees provided in this publication are tentative and subject to change. For confirmed information and/or to register, please visit: www.mhrd.ca

Gentle Yoga with Candace

Oak Bluff Recreation Centre

10 Mondays | Apr 6 - Jun 15 | 6:30 pm - 7:30 pm | \$120.00 (In-District)

(no class May 18)

Instructor: Candace Csordas

Refresh your body and mind with our Gentle Yoga class! This full-body practice includes balance poses, core exercises, and long-held stretches to ease stiffness in the hips, shoulders, and spine. Classes will wind down with a relaxing savasana, either seated or on the floor. Join us in building flexibility, strength, and relaxation.

Please bring a yoga mat.

Yoga for Men with Candace

Oak Bluff Recreation Centre

10 Mondays | Apr 6 - Jun 15 | 7:45 pm - 8:45 pm | \$120.00 (In-District)

(no class May 18)

Instructor: Candace Csordas

Experience the incredible benefits of yoga tailored specifically for men in our specialized multi-level class! You will build muscular strength and stamina while enhancing stability and improving your range of motion. Plus, you will discover effective techniques to manage stress and promote relaxation. Open to all skill levels, whether you are new to yoga or a seasoned practitioner, this class is for you! Join us on a transformative journey to boost your physical and mental well-being through the power of yoga!

Please bring a yoga mat.

Total Body Fusion

Oak Bluff Recreation Centre

10 Fridays | Apr 10 - Jun 19 | 9:00 am - 10:00 am | \$110.00 (In-District)

(no class April 17)

Instructor: Marcie Manness

Build strong bones, strengthen muscles, improve balance, and boost your heart health—all in one hour. This well-rounded class combines strength training, cardio, core work, and stretching to support overall fitness and functional movement.

Suitable for all fitness levels, with modifications provided throughout.

Please bring runners, water bottle and yoga mat.



Please note: Dates, times and fees provided in this publication are tentative and subject to change. For confirmed information and/or to register, please visit: www.mhrd.ca

Tunes 4 Tots (infant - 4)

Oak Bluff Recreation Centre

6 Fridays | Apr 24 - May 29 | 10:15 am - 11:15 am | FREE

Instructor: Lisa Knockaert

Tunes 4 Tots classes involve activities promoting child development through song and movement, instrumental play, and musical games! This unique bonding experience provides caregiver and child the opportunity to build connection, communication, and social skills in a positive and fun environment!

Home Alone (ages 10 - 13)

Oak Bluff Recreation Centre

Sunday, May 3 | 9:00 am - 12:15 pm | \$45.00 (In-District)

Instructor: Kirsten Petz Fraser

Prepare your child to be safe and responsible when home alone with our comprehensive Home Alone program!

This course teaches essential safety skills for handling real-life situations, including prevention strategies, establishing routines, managing emergencies, and understanding internet safety.

Kids will also learn constructive activities to keep themselves positively occupied.

This workshop is designed as a gradual preparation to help children confidently navigate being home alone.

Equip your child with the knowledge they need for a safe and responsible experience!

Puzzle Mania (16+)

Oak Bluff Recreation Centre

Friday | May 8 | 7:00 pm - 10:00 pm | \$40.00 (In-District)

(no class April 17)

Instructor: Piper MacKenzie

500-Piece Showdown!

Do you have what it takes to piece it all together?

Join us for Puzzle Mania, the ultimate test of focus, speed, and teamwork! In this high-energy puzzle competition, teams will race against other fellow teams to complete a 500-piece jigsaw puzzle.

Whether you're a casual hobbyist or a puzzle pro, this event is for anyone who loves a good challenge.

Your team can be groups of 2, 3, or 4.

NATIONAL VOLUNTEER WEEK 2026

April 19th – 25th, 2026



**IGNITE
VOLUNTEERISM**

IGNITE VOLUNTEERISM: A year-long, nation-building celebration

International Volunteer Year is a once-in-a-generation opportunity to celebrate the power of civic participation and renew Canada's culture of volunteering.

IGNITE VOLUNTEERISM is a year-long effort to elevate the role of civic participation, rebuild volunteer infrastructure, and celebrate volunteer stories.

This National Volunteer Week (April 19-25, 2026) we will celebrate the ways in which people in Canada have ignited volunteerism in their communities, aligning National Volunteer Week 2026 with IGNITE VOLUNTEERISM, deepening our collective impact.

Thank You to all the volunteers in our community!

Thank You!



**Volunteer
Bénévoles
Canada**

www.volunteer.ca

EVERYONE WELCOME



Avonlea United Church

Domain, MB
(10 kilometers south of La Salle)

*Faithfully Serving the Communities of
DOMAIN and LA SALLE*

From February 2026 to June 2026:
Regular Worship Service time is **9:30 am** every
Sunday.

April 2026

- April 3: Good Friday Service at **10:00 am**
- April 5: Easter Sunday
- April 12: Communion
- April 19: Regular Worship Service at **9:30 am**
- April 26: Regular Worship Service at **9:30 am**

*Joy Comes with the Dawn
VU 166
Gordon Light*

Contacts:

Reverend James DeBeer 204-461-4665
Janice Harrison 204-736-2613
Jane Manness 204-736-4072

www.meridian-pastoral-charge.ca

Member of the Meridian Interchurch Council




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Email domaincoop@live.ca

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- **Children's Programming**

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email hml@headingleylibrary.ca
or visit www.headingleylibrary.ca

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or to arrange a tour,
please contact:

Dee Romijn
Facility Director

Office: 204-736-2679
Cell: 204-801-7629
dromijn@tanktradersmp.com
www.tanktradersmp.com

Macdonald Minor Hockey Association AGM

Macdonald Minor Hockey Association

Annual GENERAL MEETING



Wednesday
April 22, 2026



Oak Bluff Rec Centre
Oak Bluff, MB



7:00 pm

WEST PERIMETER
Auto Service & Collision Centre

www.westperimeterservice.com

Trevor Neudorf
204-831-8097

ACTION LEASING

www.actionleasing.ca

Dustin Enns
204-996-8565

4840 Portage Avenue
Headingley, MB

La Salle Community Fellowship

We are a group of people who are learning to love like Jesus by studying the bible, worshipping God together and caring for each other and our community.

We welcome you to join us!

We meet Sundays at 10:30 am.

Check out our website for other weekly programs.

PR 247 E, La Salle
(located between
the Caisse Community Centre
& Kingswood Golf & Country Club)

w: www.lscf.ca
e: info@lscf.ca
p: 204.736.3200



St. Hyacinthe Catholic Parish

27 Beaudry Street
La Salle MB R0G 0A1
Phone: 204-736-2847
Email: sthyacinthelasalle@gmail.com
Website: www.sthyacinthelasalle.ca
Pastor: Father Gabriel Levesque

Join us for our Eucharistic celebrations. Visit our website for weekly bulletins, resources and upcoming events.

Regular Sunday Masses

Saturday, 4:00 pm / Sunday, 11:00 am

Weekday Masses

Wednesday, 9:00 am / Thursday, 7:00 pm

Adoration of the Blessed Sacrament

First Thursday of the month, following mass

UPCOMING EVENTS - MARK YOUR CALENDAR



- Apr 2 – Holy Thursday Mass,
St. Hyacinthe Catholic Parish
- Apr 3 – Town Walk with the Cross, La Salle
- Apr 3 – Good Friday Liturgy,
St. Hyacinthe Catholic Parish
- Apr 4 – Easter Vigil,
St. Hyacinthe Catholic Parish
- Apr 5 – Easter Sunday Mass,
St. Hyacinthe Catholic Parish
- Apr 17 – Perogy Dinner Night (St Hyacinthe
Catholic Parish Women's Auxiliary
Spring Fundraiser),
Tank Traders Multiplex
- Apr 19 – First Communion,
St. Hyacinthe Catholic Parish

*The resurrection is the greatest miracle of
Christianity, and everything depends on it.*
(Saint Paul VI)



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Enhancing Community Life
www.homesteadco-op.crs



Pickleball at the Tank Traders Multiplex

Pickleball

Tank Traders Multiplex
Apr 14th 2026 - Jun 25th 2026
Tuesdays and Thursdays
from 1:00 pm to 3:00 pm
Drop-In \$5.00/person
or Monthly \$30.00/person

Facilitator:

Bernice Valcourt 204-479-0514

Pickleball (beginners)

Tank Traders Multiplex
Apr 13th 2026 - Jun 24th 2026
Mondays and Wednesdays
from 11:00 am to 1:00 pm
Drop-In \$5.00/person
or Monthly \$30.00/person

Facilitators:

Michele Boux

jimibx@mymts.net | 204-226-4810

Suzanne & Claude Lavallee

cslava81@gmail.com

Please bring
clean indoor
shoes.



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KidSport™
So ALL Kids Can Play!
We're ALL in this together!

KidSport is a children's charity assisting children by overcoming financial barriers which prevent or limit their participation in organized sport. Funds raised through donations and foundation grants help offset the cost of participant registration fees for community based programs. Deadline to submit an application is the 15th of each month.

For information, please visit: www.kidsportcanada.ca

A reminder.....

Keep our community clean.
PLEASE clean up after your pets.
PLEASE don't litter.
Be a good neighbour.



Thank you!

Tank Traders Multiplex Texas Hold'em Poker Tournament

Tank Traders Multiplex presents

TEXAS HOLD'EM *Poker Tournament*

LGCA # 6908-TH-43849

Saturday, April 18, 2026

6 PM (registration begins at 5:15 pm)

Tank Traders Multiplex

(located at the corner of PR 247E & Hwy 330 in La Salle MB)

**Sit n' Go Tables
"Stay all Night
and Enjoy the Action"**

**Royal Flush Accumulator Pot
over \$3,200 plus
accumulative added
\$10 buy in**

**\$60 buy in for \$50K starting stack
2 x \$20 rebuys for \$25K in chips
\$40 add on for \$60K in chips**

75% PAYOUT

To pre-register and guarantee your seat, please contact
Nick Guffei at: brightfuture@tanktradersmp.com



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Cash Bingo



La Salle Council #7793

La Salle Knights of Columbus

La Salle 4-H Club



CANADA
4-H Manitoba

La Salle 4-H Club

CASH BINGO

7:00 pm - 10:00 pm

(Doors open at 6:15 pm)

Tuesday, May 12th, 2026

at the Tank Traders Multiplex

~LARGE VARIETY OF GAMES WILL BE PLAYED~

Paper cards will be used.

Dabbers will be available.

Canteen will be open.

Contact: [Georges gjcormier@gmail.com](mailto:Georges_gjcormier@gmail.com)

Bingo LGCA # 681-BI-50357 Raffle LGCA # 681-RF-50324



7th Annual **ReadyMeds** 
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& La Salle Nursery School

*"Every swing carries hope,
generosity and the power to
change lives."*



 \$200 per golfer
(includes round of golf, cart
and steak dinner)

 Kingswood Golf & Country Club
La Salle, Manitoba

 Sunday,
June 7th, 2026
Shotgun start: 12:00pm

For information and/or to register:

 www.lasallegolftournament.ca

 lasallegolftournament@gmail.com

School's Out for Summer Dance (elementary students)



Thursday, June 25th, 2026

6:00 pm to 8:30 pm

at the Tank Traders Multiplex

Elementary students, kindergarten to grade 5
(no children aged 4 and under) and their parents are invited to
celebrate this past year of school.

Live DJ (Bulldog Music) & Dance Floor Lights promise
to be the best way to kick off your summer break!

Canteen, Games & Prizes!

For information and/or to sponsor this event, please contact:
Marcie Weiss at marciemaylynn@gmail.com



**TANK TRADERS
MULTIPLEX**

www.tanktradersmp.com/events

\$5/child (parents free)

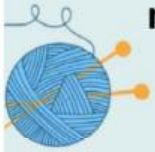
Please note: All children must be
accompanied/supervised by a parent.

Quilting Club Knitters Welcome Sanford Legion

Join us the first Sunday
of each month!
9:00 am - 4:00 pm



Bring your own project to work on.
It doesn't have to be quilting, it
could be knitting or card making as
well. Any type of crafters welcome!
You can bring your sewing
machines or do hand work.



Bring your own lunch.
Drop-In: \$10/person

For more information and to confirm
your attendance, please call Marlene at:
204-479-1833

Macdonald Services to Seniors ~ Folklorama Tour 2026 ~

*To embrace and celebrate cultures
from around the world.*



Folklorama

Visit 3 Pavilions all in one
evening:

- Mabuhay Philippine Pavilion
- Chinese Pavilion
- Salvadorian Pavilion (new)

Friday, August 14th, 2026

\$92/per person
(pay before May 29)

\$97/per person
(pay between May 30 - July 10)

No waiting line, progressive meal
with table service, air-conditioned
motor coach with tour guide.

For information and/or to book
your spot, please contact:
Leanne at 204-736-2255



Prairie Palette Art Group

5:30 pm - 8:30 pm
Sanford Collegiate

Every second and fourth Tuesday of
each month. Enjoy casual painting
sessions, instructions and
demonstrations!

\$30.00 membership fee
(join anytime)

Contact:
Kathryn Bartmanovich
204-781-9808





**BORROW A BOOK
REPLACE A BOOK**

Find a Little Free Library in your Community!

Little Free Library is a worldwide book sharing and social movement designed to promote literacy and a love of reading along with a sense of community as we share skills, creativity and wisdom across generations. The idea is quite simple. Borrow any book and replace it with a different one to be enjoyed by someone else.

Little Free Library Locations

La Salle - La Salle School

- corner of De Vos Drive & Second Avenue
- 48 Fourth Avenue
- 58 Rue Gaudry
- 10 Dominion Trail

Oak Bluff - Central Park

Brunkild - 'Old School' Park

Sanford - J.A. Cuddy School

Domain - Domain School

Starbuck - Former site of the Starbuck United Church

Headingley - Phoenix School



TANK TRADERS ARENA

TANK TRADERS ARENA PROJECT
FUNDRAISING GOAL: \$2,000,000

84%

\$1,672,239

(as of
Mar 20, 2026)

*Thank You to our
Generous Sponsors!*

Sponsor List Provided at:
www.tanktradersmp.com/tanktradersarena

Thank you to our generous sponsors (as of March 20, 2026) that have contributed to 84% of our goal! Bringing the La Salle Arena Project to life for the community of La Salle would not be possible without your support!

If you're considering supporting the La Salle Arena project with a donation that will recognize your family or business, please read the information provided below. Your support will truly make a difference!

For Fundraising Information please contact:
Nick Guffei brightfuture@tanktradersmp.com

For Project Information:
www.tanktradersmp.com/tanktradersarena



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